

FAIRWAY CHIROPRACTIC CENTRE

Considering Injections or Surgery for Chronic Pain?

Discover how SoftWave Tissue Regeneration Technology is helping patients avoid surgery and get back to living pain-free.

Fairway Chiropractic Centre
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What Is SoftWave Tissue Regeneration Technology?

SoftWave Tissue Regeneration Technology (TRT) uses **patented unfocused shockwave technology** to activate your body's own stem cells and promote natural healing — without drugs, injections, or surgery.

Unlike traditional treatments that mask symptoms, SoftWave works at the cellular level to:

- **Increase blood flow** to damaged tissues by stimulating angiogenesis (new blood vessel formation)
- **Activate stem cells** already present in your body, directing them to the site of injury
- **Reduce chronic inflammation** that drives persistent pain
- **Accelerate tissue repair** for tendons, ligaments, muscles, and joints

How It Works

The SoftWave device delivers broad-focused, low-intensity shockwaves through a patented applicator. These acoustic waves penetrate deep into tissue, triggering a cascade of biological responses that jumpstart your body's natural repair mechanisms. Most patients begin to notice improvement within 1–3 sessions.

The treatment is **FDA-cleared** and has been used in clinical settings worldwide. Each session takes approximately 10–15 minutes, and there is no downtime — you can return to normal activities immediately after treatment.

Trusted by Professional Sports Teams

SoftWave TRT isn't just for everyday patients — it's the same technology trusted by **elite professional athletes** who depend on their bodies for a living.

20+

Professional sports teams using SoftWave technology for injury recovery and performance

Teams across the NFL, MLB, NBA, NHL, and MLS rely on SoftWave to help their athletes recover faster and stay in the game:

- **NFL:** Multiple teams use SoftWave for soft tissue injuries, tendonitis, and post-surgical recovery
- **MLB:** Pitchers and position players use it for rotator cuff issues and elbow pain
- **NBA/NHL:** Players benefit from accelerated recovery between games

"If SoftWave is good enough for professional athletes earning millions of dollars, imagine what it can do for your chronic pain condition."

Inside-Out Healing vs. Outside-In Treatment

Most conventional pain treatments work from the **outside in** — they try to override your body's pain signals or artificially replace damaged structures:

- **Pain medications** block nerve signals but do nothing to repair the underlying damage
- **Cortisone injections** suppress inflammation temporarily, but can actually weaken tissues over time
- **Surgery** removes or replaces damaged tissue, requiring long recovery periods and carrying significant risks

The Inside-Out Difference

Rather than masking pain or cutting tissue, SoftWave activates your body's own regenerative processes. Your stem cells migrate to the injured area, new blood vessels form to deliver nutrients, and damaged tissue begins to repair itself – naturally.

This fundamental difference means that with SoftWave, you're not just feeling better temporarily – your body is actually **getting better**. The results are cumulative and long-lasting because the healing is real.

70–80%

of patients report significant improvement within 6–8 sessions

Conditions That Respond to SoftWave

SoftWave TRT has shown remarkable results across a wide range of musculoskeletal conditions:

✓ Plantar Fasciitis

✓ Rotator Cuff Injuries

✓ Achilles Tendinopathy

✓ Carpal Tunnel Syndrome

✓ Chronic Neck Pain

✓ Shin Splints

✓ Post-Surgical Pain

✓ Knee Osteoarthritis

✓ Tennis / Golfer's Elbow

✓ Hip Bursitis

✓ Frozen Shoulder

✓ Lower Back Pain

✓ Neuropathy

✓ Scar Tissue



Is SoftWave Right For You?

SoftWave may be an excellent option if you:

- Have been told you need surgery but want to explore alternatives first
- Have tried cortisone injections with only temporary relief
- Are taking pain medication regularly and want to reduce or eliminate it
- Have a chronic condition that hasn't responded to physical therapy alone
- Want a non-invasive, drug-free treatment with no downtime

What to Expect at Your First Visit

Step 1: Free Discovery Session

Your journey begins with a complimentary consultation with Dr. Nik Dukovac. During this visit, Dr. Nik will:

- Review your health history and current condition
- Perform a focused examination of the affected area
- Explain how SoftWave technology specifically addresses your condition
- Provide a personalized treatment recommendation

Step 2: Your First SoftWave Treatment

If SoftWave is right for you, many patients choose to receive their first treatment the same day:

- **Duration:** 10–15 minutes per treatment area
- **Sensation:** Most patients feel a gentle tapping or pulsing — some areas may be more sensitive initially, which actually helps identify problem areas
- **After treatment:** You can walk out and resume your normal activities immediately

Step 3: Your Treatment Plan

A typical SoftWave treatment plan includes **6–8 sessions over 4–6 weeks**. Many patients notice improvement after just 1–3 sessions, with optimal results building over the full course of treatment.

No Risk – Just Results

Your initial discovery session is completely free. There's no obligation, no pressure – just an honest assessment of whether SoftWave can help your specific condition. If it's not the right fit, Dr. Nik will tell you.

Ready to Explore a Surgery-Free Solution?

Book your free discovery session with Dr. Nik Dukovac and find out if SoftWave Tissue Regeneration Technology can help you get back to living pain-free.

[Book Your Free Consultation](#)

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Dr. Nik Dukovac

DOCTOR OF CHIROPRACTIC

BSc (University of Guelph), DC (Canadian Memorial Chiropractic College, 2007). Over 17 years of clinical experience across Canada, Australia, and Nicaragua. Published researcher in the Asia-Pacific Chiropractic Journal. Founder of the Disc Repair Clinic, specializing in non-surgical spinal decompression, SoftWave TRT, and complex spinal conditions. Professional speaker on sports injury, pediatric care, and spinal rehabilitation.