



#### Invest in Your Team's Health - For Free!

# Workplace Chiropractic Wellness Sessions



#### **Lunch & Learn**



#### **Stand-Up Meeting Talk**

(and sitting) better.



#### **Spinal Health Screenings**

#### **Choose From These Popular Talk Topics**

#### "Tech Neck & Desk **Posture: Are You** Doomed, or Is There Hope?!"

Help your team reduce tension. pain, and burnout with posturesmart habits and Chiropractic tools.

#### "Stress and the **Spine: How Tension Affects Your Body** and Brain"

Support your staff's physical and mental wellness through spinal health and nervous system care.

#### "Preventing Back **Injuries Before** They Start"

Stop issues before they become costly — and empower your employees with preventative strategies.

#### **Benefits for Your Team**



Strategies to reduce and prevent back and neck pain



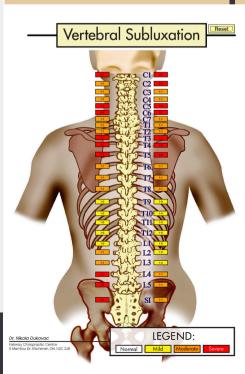
Strategies to improve posture and overall well-being



**Enhanced** productivity and focus



Decreased missed work days







5-Minute **Spinal Screenings**  This entails the Chiropractor physically assessing an individuals spine while laying on a portable Chiropractic table - The Chiropractors hands will be touching the perons's spine to assess for misalignments of the spine and providing their findings of spinal alignment. And answering any questions the person may have about their spinal health and if Chiropractic would be of help for them.

### **Meet The** Chiropractor

#### What's required from you as the company?

Depends on the event:

- -Lunch and Learn We provide a light meal. We simply need a space where people can all hear me speaking while they're sitting in their current work stations, or in a separate meeting room.
- -Stand-Up Talk Nothing required. Just 10min of your team's time in a location of their usual work place where they can hear me speaking.
- -5-Minute Spinal Health Screening Simply need an area of 8 feet by 6 feet minimum. This can be a closed room, or a space within an open area. Two chairs. That's it.

## Exclusive Offer

Everyone who participates gets access limited-time discounted Chiropractic exam and consultation – only available through these wellness events.



Spot spinal issues early



**Ask questions** 



No pressure to commit

### **About Fairway Chiropractic Centre**

- Proud WINNER of the Top Choice Award for Chiropractic in Kitchener several years
- Voted one of Kitchener's Top 3 Rated Chiropractors multiple times
- Backed by hundreds of 5-star Google reviews - proof that we get results and treat you like family

We're passionate about proactive care that improves lives, not just symptoms. Dr. Nik Dukovac grew up in Ontario. Northern Chiropractic care helped him recover from hockey injuries. Inspired by those results, he studied Human Kinetics at the University of Guelph, earned Doctor Chiropractic Toronto. graduating in 2007.

His career took him around the world - from owning two successful clinics in South Australia for 15 years, to serving local communities in Nicaragua for 12 months, following a calling to give back. Now back home in Canada, Dr. Nik was honoured to take over Fairway Chiropractic Centre from the beloved Dr. Steve Murdoch 2023. continues the clinic's legacy of caring for every patient as if they were family - with handson Chiropractic.

For Dr. Nik, Chiropractic isn't just a profession — it's a calling.

## Book Your Free Event Today

Let's pick a day that works best for your team.